

## Snacks 5

BeDeviled Eggs

🍷 24-Hour Onion Dip & Chips

🍷 Chickpea Fries & Romesco

## Appetizers

🍷 Za'atar Wings 13 *dry-rubbed, yogurt-ranch*

🍷 Buffalo Wings 13 *classic buffalo, blue cheese*

Jersey Potato Skins 13

*Benton's bacon, jalapeno, herbs, cheese*

🍷 Local Burrata 12

*brussels sprouts, toasted hazelnuts, aged balsamic*

🍷 Mediterranean Veg Plate 15

*broccoli falafel, winter veg, bean salad, chiptole-tahini, pita crisps*

Rhode Island Calamari 12

*giardiniera vinaigrette, celery, parsley*

Maryland Crabcake 15

*spicy remoulade, tarragon, marinated vegetables*

Minestrone Soup 6

*parmesan broth, beans, ditalini*

PEI Mussels 14

*chorizo, jalapeño, lager, cilantro, grilled bread*

🍷 Hummus & Pita 7

Soup of the Day 7

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Daily Omelette & Salad 12

*3 local eggs, cheese, seasonal vegetables, toast*

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# THE FARM AND FISHERMAN TAVERN

## Frozen Tundra

*special thanks to the local farmers and purveyors that provide premium ingredients for our fabulous fare.*

F&F Fast & Fresh Lunch 11

*choice of half*

*Turkey Reuben Panini, BLT, Tuna Melt*

*Cauliflower Panini, or a Brisket Cheeseburger*

*& Soup or Chopped Salad*

Combination of Soup & Salad 9

## Salads

*add shrimp, \$5 or grilled chicken, \$3*

🍷 Chopped 11

*greens, shaved vegetables, olives, feta, oregano vin*

🍷 Bloody Beet 12

*yogurt, pistachio, greens, pan drippings*

Seared Salmon 14

*roasted squash & cauliflower, farro, pepitas, squash vinaigrette*

Wedge 12

*Benton's bacon, spice & seed crunch, smokey blue cheese, green goddess*

Kale Caesar 11

*tuscan kale, parmesan, croutons, golden raisins, caesar dressing*

## For the Table

🍷 Breads & Spreads 15

*smoky hummus, romesco, chickpea fries, pickles, puffed pita*

🍷 Caramelized Cauliflower 9

*shroom cream*

## Sandwiches

Served with twice-cooked fries or simple green salad

Triple Stacked BLT 12

*overnight tomatoes, thick cut bacon, tavern aioli*

Astoria Burger 15

*ground lamb, feta, cucumber, grilled onion, tahini ketchup*

Colonial Burger 15

*grass-fed beef, bacon, caramelized onion, cheddar, malt mayo*

Tavern Burger 14

*brisket burger, American, tavern sauce, iceberg, onion, pickles*

🍷 Cauliflower Panini 12

*pickled carrot, arugula, jalapeno, ricotta salata, citrus aioli*

Veteran's Stadium Roast Pork 13

*braised greens, sharp provolone, garlic confit*

Turkey Reuben Panini 13

*local sauerkraut, swiss, whole grain mustard*

Farmer's Cheesesteak 13

*greens, caramelized onions, mushrooms, Cooper sharp*

Beer Battered Fish 13

*iceberg, overnight tomatoes, tartar*

Smoked Tuna Melt 13

*albacore, multigrain, overnight tomatoes, swiss*



GLUTEN

FREE



VEGETARIAN

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.*