

Snacks 5

BeDeviled Eggs

🌿 24-Hour Onion Dip & Chips

🌿 Chickpea Fries & Romesco

Appetizers

🌿 Za'atar Wings 13 🌿 Buffalo Wings 13
dry-rubbed, yogurt-ranch classic buffalo, blue cheese

Jersey Potato Skins 13
Benton's bacon, jalapeno, herbs, cheese

Local Burrata 12
charred asparagus, spring onion chimichurri, speck ham

Rhode Island Calamari 12
giardiniera vinaigrette, celery, parsley

Maryland Crabcake 15
spicy remoulade, tarragon, marinated vegetables

Minestrone Soup 6
parmesan broth, beans, ditalini

PEI Mussels 14
chorizo, jalapeño, lager, cilantro, grilled bread

🌿 Broccoli Falafel 12
tabini yogurt, cucumber, mint, pita

🌿 Mushroom Toast 9
Kennet Sq shrooms, ricotta, creamy mushroom vin

Hummus & Pita 7

Soup of the Day 7

Daily Omelette & Salad 12
3 local eggs, cheese, seasonal vegetables, toast

THE FARM AND FISHERMAN TAVERN

Day Lillies for Daze

special thanks to the local farmers and purveyors that provide premium ingredients for our fabulous fare.

F&F Fast & Fresh Lunch 11

choice of half

Grilled Chicken Panini, BLT, Tuna Melt

Cauliflower Panini, or a Brisket Cheeseburger

& Soup or Chopped Salad

Combination of Soup & Salad 9

Salads

add grilled chicken \$4; shrimp \$5; falafel \$3

🌿 Chopped 11
greens, shaved vegetables, olives, feta, oregano vin

🌿 Bloody Beet 12
yogurt, pistachio, greens, pan drippings

🌿 Seared Salmon 14
pistachio butter, golden beets, asparagus, frisee, sherry vin

Wedge 12

Benton's bacon, spice & seed crunch, smokey blue cheese, green goddess

For the Table

🌿 Breads & Spreads 15
smoky hummus, romesco, chickpea fries, pickles, puffed pita

🌿 Caramelized Cauliflower 9
shroom cream

Sandwiches

Served with twice-cooked fries or simple green salad

Triple Stacked BLT 12
overnight tomatoes, thick cut bacon, tavern aioli

Astoria Burger 15
ground lamb, feta, cucumber, grilled onion, tabini ketchup

Colonial Burger 15
grass-fed beef, bacon, caramelized onion, cheddar, malt mayo

Tavern Burger 14
brisket burger, American, tavern sauce, iceberg, onion, pickles

🌿 Cauliflower Panini 12
pickled carrot, arugula, jalapeno, ricotta salata, citrus aioli

Veteran's Stadium Roast Pork 13
braised greens, sharp provolone, garlic confit

Grilled Chicken Panini 13
arugula pesto, smoked cheddar, roasted veg

Farmer's Cheesesteak 14
greens, caramelized onions, mushrooms, Cooper sharp

Beer Battered Fish 13
iceberg, overnight tomatoes, tartar

Smoked Tuna Melt 13
albacore, multigrain, overnight tomatoes, swiss

GLUTEN FREE VEGETARIAN

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.