

## Snacks 5

BeDeviled Eggs

🌿 24-Hour Onion Dip & Chips

🌿 Chickpea Fries & Romesco

## Appetizers

🌿 Za'atar Wings 13

*dry-rubbed, yogurt-ranch*

🌿 Buffalo Wings 13

*classic buffalo, blue cheese*

Jersey Potato Skins 13

*Benton's bacon, jalapeno, herbs, cheese*

🌿 Local Burrata 13

*caramelized brussels sprouts, hazelnuts, aged balsamic*

Rhode Island Calamari 12

*giardiniera vinaigrette, celery, parsley*

Lamb Taco Pita 14

*braised lamb, feta, mint, radish, salsa roja*

PEI Mussels\* 14

*chorizo, jalapeño, lager, cilantro, grilled bread*

🌿 Broccoli Falafel 13

*tahini yogurt, cucumber, mint, pita*

🌿 Mushroom Toast 12

*Kennet Sq Shrooms, ricotta, creamy mushroom vin*

🌿 Hummus & Pita 7

Minestrone Soup 6

*parmesan broth, beans, ditalini*

Soup of the Day 7

Daily Omelette & Salad 12

*3 local eggs, cheese, seasonal vegetables, toast*

# THE FARM AND FISHERMAN TAVERN

## Forsythia Fields

*special thanks to the local farmers and purveyors that provide premium ingredients for our fabulous fare.*

F&F Fast & Fresh Lunch 11

*choice of half*

*Grilled Chicken Panini, BLT, Tuna Melt*

*Cauliflower Panini, a Brisket Cheeseburger, or a*

*Turkey Reuben & Soup or Chopped Salad*

Combination of Soup & Salad 9

## Salads

*add grilled chicken \$4; shrimp \$5; salmon \$6; falafel \$3*

🌿 Chopped 11

*greens, shaved vegetables, olives, feta, oregano vin*

🌿 Bloody Beet 12

*yogurt, pistachio, greens, pan drippings*

Seared Salmon\* 14

*broccoli, mixed greens, red quinoa, sunflower seeds, miso vinaigrette*

Kale Caesar 12

*golden raisins, croutons, parmesan*

## For the Table

🌿 Breads & Spreads 16

*smoky hummus, romesco, chickpea fries, pickles, puffed pita*

🌿 Caramelized Cauliflower 11

*shroom cream*

## Sandwiches

Served with twice-cooked fries or simple green salad

Triple Stacked BLT 12

*overnight tomatoes, thick cut bacon, tavern aioli*

Astoria Burger\* 15

*ground lamb, feta, cucumber, grilled onion, tahini ketchup*

Colonial Burger\* 15

*grass-fed beef, bacon, caramelized onion, cheddar, malt mayo*

Tavern Burger\* 14

*brisket burger, American, tavern sauce, iceberg, onion, pickles*

🌿 Cauliflower Panini 12

*pickled carrot, arugula, jalapeno, ricotta salata, citrus aioli*

Veteran's Stadium Roast Pork 13

*braised greens, sharp provolone, garlic confit*

Grilled Chicken Panini 13

*arugula pesto, smoked mozzarella, roasted veg*

Farmer's Cheesesteak 14

*greens, caramelized onions, mushrooms, Cooper sharp*

Beer Battered Fish 13

*iceberg, overnight tomatoes, tartar*

Smoked Tuna Melt 13

*albacore, multigrain, overnight tomatoes, swiss*

Turkey Reuben 13

*black pepper rye, local kraut, 1000 island, swiss, IPA mustard*

🌿 GLUTEN FREE

🌿 VEGETARIAN

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.