

Snacks 5

BeDeveled Eggs

🌿 24-Hour Onion Dip & Chips

🌿 Chickpea Fries & Romesco

Appetizers

🌿 Za'atar Wings 13
dry-rubbed, yogurt-ranch

🌿 Buffalo Wings 13
classic buffalo, blue cheese

Jersey Potato Skins 13
Benton's bacon, jalapeno, herbs, cheese

Rhode Island Calamari 12
giardiniera vinaigrette, celery, parsley

Lamb Taco Pita 14
braised lamb, feta, mint, radish, salsa roja

PEI Mussels* 14
chorizo, jalapeño, lager, cilantro, grilled bread

🌿 Broccoli Falafel 13
tahini yogurt, cucumber, mint, pita

🌿 Mushroom Toast 12
Kennet Sq 'shrooms, ricotta, creamy mushroom vin

🌿 Hummus & Pita 7

Minestrone Soup 6
parmesan broth, beans, ditalini

Soup of the Day 7

Daily Omelette & Salad 12
3 local eggs, cheese, seasonal vegetables, toast

THE FARM AND FISHERMAN TAVERN

Tomato Town

special thanks to the local farmers and purveyors that provide premium ingredients for our fabulous fare.

F&F Fast & Fresh Lunch 11

choice of half

Grilled Chicken Panini, BLT, Tuna Melt

Cauliflower Panini, a Brisket Cheeseburger, or our

Grilled Cheese & Soup or Chopped Salad

Combination of Soup & Salad 9

Salads

add grilled chicken \$4; shrimp \$5; salmon \$6; falafel \$3

🌿 Chopped 11
greens, shaved vegetables, olives, feta, oregano vin

🌿 Bloody Beet 12
yogurt, pistachio, greens, pan drippings

Seared Salmon* 14
roasted cauliflower, farro, squash, mixed greens, pepitas & squash vin

Kale Caesar 12
golden raisins, croutons, parmesan

🌿 GLUTEN FREE 🌿 VEGETARIAN

For the Table

🌿 Breads & Spreads 16
smoky hummus, romesco, chickpea fries, pickles, puffed pita

🌿 Caramelized Cauliflower 11
curried mushroom cream

Sandwiches

Served with twice-cooked fries or simple green salad

Triple Stacked BLT 12

Jersey tomatoes, thick cut bacon, tavern aioli

Astoria Burger* 15

ground lamb, feta, cucumber, grilled onion, tahini ketchup

Colonial Burger* 15

grass-fed beef, bacon, caramelized onion, cheddar, malt mayo

Tavern Burger* 14

brisket burger, yellow cheddar, tavern sauce, iceberg, onion, pickles

🌿 Cauliflower Panini 12

pickled carrot, arugula, jalapeno, ricotta salata, citrus aioli

Veteran's Stadium Roast Pork 13

braised greens, sharp provolone, garlic confit

Grilled Chicken Panini 13

arugula pesto, smoked mozzarella, roasted veg

Farmer's Cheesesteak 14

greens, caramelized onions, mushrooms, Cooper sharp

Beer Battered Fish 13

iceberg, Jersey tomatoes, tartar

Smoked Tuna Melt 13

albacore, multigrain, Jersey tomatoes, swiss

🌿 Grilled Cheese 12

Jersey tomatoes, basil pesto, sourdough

**Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.*