

THE FARM AND FISHERMAN Lunch Menu

Welcome to the Farm and Fisherman Tavern.

Appetizers

- CHIPS & 24 HOUR ONION DIP** 7 
DEVILED EGGS - bacon, quinoa, olive 7 
HUMMUS & CHIPS - za'atar, lemon, tahini, pickles 9 
MINISTRONE - seasonal veg, beans, ditalini, parm, grilled bread 7
CHICKPEA FRIES & ROMESCO - almonds, red peppers 8 
TAVERN PRETZEL - bacon marmalade, spicy mustard, sriracha w/iz 9
SPINACH DIP TOAST - local greens, crispy sourdough, pickled veg, parmesan 14 
PORK RIB BITES - chili honey glaze, pickled jalapeno slaw 16 
PEI MUSSELS - chorizo, jalapenos, local lager, cilantro 16
CHEESE & FIGS - soft ripened cheese, fresh figs, nuts, jam, crackers 17 
LOCAL BURRATA - delicate squash, brown butter, salsa seca 15 
CARAMELIZED CAULIFLOWER - curried shroom cream 14 
BROCCOLI FALAFEL - seasonal salad, hummus, za'atar chips, tahini 14 
RHODE ISLAND CALAMARI - peppers & onions, sweet & spicy chili sauce 16
MUSHROOM TOAST - Kennet Sq mushrooms, ricotta, shroom vin 14 
POTATO SKINS - Benton's bacon, herbs, onions, jalapenos, bechamel 15
ZA'ATAR WINGS - dry-rubbed, yogurt ranch 15 
BUFFALO WINGS - classic buffalo, blue cheese 15 

Salads

- GEM CAESAR** - gem lettuce, pistachio, croutons, caesar dressing 14
CHOPPED - feta, shaved veg, olives, oregano vin 14 
BLOODY BEET - pan drippings, yogurt, pistachio 15 
KALE APPLE - candied walnuts, ricotta salata, apple cider vinaigrette 13 
ADD CHICKEN 6 **ADD FALAFEL** 4 **ADD SHRIMP** 7 **ADD SALMON** 6

Daily Omelette & Salad 13

3 local eggs, cheese, seasonal vegetables, toast

Sandwiches

- TRIPLE STACKED BLT** - Nueske bacon, overnight tomatoes, iceberg, aioli 14
TUNA MELT - multigrain, overnight tomato, swiss 16
BEER BATTERED FISH - iceberg, overnight tomato, tartar 15
***ASTORIA BURGER** - local lamb, feta, cucumber, grilled onion, tahini ketchup 17
***COLONIAL BURGER** - bacon, carmy onions, Vermont cheddar, malt mayo 17...
VEGGIE BURGER - cheddar, chipotle ranch, lettuce, overnight tomato, onion 15 
***HORSHAM BURGER** - cheddar, overnight tomatoes, lettuce, red onion 16
***MUSHROOM BURGER** - Kennet Sq. shrooms, swiss cheese 16
***BACON & BLUE BURGER** - bacon marmalade, crispy onions, blue cheese 17
FARMER'S CHEESE STEAK - caramelized onions, greens, cooper sharp 16
CAULIFLOWER PANINI - arugula, jalapeno, carrot, ricotta salata, aioli 14 
KOREAN BBQ FRIED CHICKEN - pickles, cilantro-cabbage slaw 15
TURKEY CUBAN PANINI - ham, swiss, mustard, pickles 15
PORK CARNITA TACOS - avocado salsa, onions, cilantro 16 
BUFFALO SHRIMP TACOS - shredded, blue cheese pickled onion 15
CHICKEN AL PASTOR TACOS - avocado salsa, onion, cilantro 16 

Lunch Entrees

- FISH & CHIPS** - beer battered pollock, french fries, tartar, lemon 17
***ATLANTIC SALMON** - squash, cauliflower, farro, pepitas, squash vin 18
RIGATONI BOLOGNESE - beef short rib, sofrito, parmesan 25

Fast & Fresh Lunch 15

choice of:

1/2 Turkey Cubano, 1/2 Tuna Melt,
 1/2 Cauliflower Panini, or a Cheese Burger
 & Soup, or Chopped Salad

Combination of Soup & Salad 13

Sides

- FRENCH FRIES** 6 
SWEET POTATO FRIES 7 
MAC & CHEESE 7 



VEGETARIAN



GLUTEN FREE

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

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