





# THE FARM AND FISHERMAN Lunch Menu

Welcome to the Farm and Fisherman Tavern.

## Appetizers

- CHIPS & 24 HOUR ONION DIP** 7 
- DEVILED EGGS** - bacon, quinoa, olive 7 
- HUMMUS & CHIPS** - smoked paprika, za'atar, tahini, pickles 9 
- MINISTRONE** - seasonal veg, beans, ditalini, parm, grilled bread 9
- CHICKPEA FRIES & ROMESCO** - almonds, red peppers 8 
- TAVERN PRETZEL** - bacon marmalade, spicy mustard, sriracha wiz 9
- ASPARAGUS TOAST** - grilled asparagus, ricotta, charred chimichurri 12 
- PORK RIB BITES** - chili honey glaze, pickled jalapeno slaw 16 
- PEI MUSSELS** - chorizo, jalapenos, local lager, cilantro 17
- CHEESE PLATE** - cheese trio, fruit, nuts, jam, crackers 18 
- CARAMELIZED CAULIFLOWER** - curried 'shroom cream 15 
- BROCCOLI FALAFEL** - seasonal salad, hummus, za'atar chips, tahini 15 
- RHODE ISLAND CALAMARI** - arugula, peppers & onions, cajun aioli 16 
- MUSHROOM TOAST** - Kennet Sq mushrooms, ricotta, 'shroom vin 15 
- POTATO SKINS** - Benton's bacon, herbs, onions, jalapenos, bechamel 16
- ZA'ATAR WINGS** - dry-rubbed, yogurt ranch 16 
- HOT HONEY WINGS** - sweet & spicy, blue cheese 16 
- GRILLED CHICKEN LETTUCE WRAPS** - sesame asian slaw, peanuts, mint 16

## Salads

- GEM CAESAR** - gem lettuce, croutons, caesar dressing 14
- CHOPPED** - feta, shaved veg, olives, oregano vin 14 
- BLOODY BEET** - pan drippings, yogurt, pistachio 15 
- STRAWBERRY** - asparagus, arugula, almonds, ricotta salata, poppy vin 14 
- MEXICAN SALAD** - black beans, queso fresco, red onions, pickled fennel, 14 

tortilla chips, chipotle dressing

ADD CHICKEN 6 ... ADD FALAFEL 4 ... ADD SHRIMP 7 ... ADD SALMON 6 ... AHI TUNA 10

## Daily Omelette & Salad 13

3 local eggs, cheese, seasonal vegetables, toast


## Sides

- FRENCH FRIES** 6 
- SWEET POTATO FRIES** 7 
- MAC & CHEESE** 7 


## Sandwiches

- SANDWICHES SERVED WITH YOUR CHOICE OF FRIES OR SIMPLE GREEN SALAD
- TRIPLE STACKED BLT** - neuske bacon, overnight tomatoes, iceberg, aioli 14
- SMOKED TUNA MELT** - multigrain, overnight tomato, swiss 16
- CORNED BEEF PANINI** - swiss, sauerkraut, ipa mustard, 1000 island 15
- BEER BATTERED FISH** - iceberg, overnight tomato, tartar 16
- FARMER'S CHEESESTEAK** - caramelized onions, greens, cooper sharp 18
- CAULIFLOWER PANINI** - arugula, jalapeno, carrot, ricotta salata, aioli 14 
- CHICKEN CUTLET PANINI** - almond pesto, mozzarella, overnight tomato 16

## Burgers

- BURGERS SERVED WITH YOUR CHOICE OF FRIES OR SIMPLE GREEN SALAD
- \*ASTORIA BURGER** - local lamb, feta, cucumber, grilled onion, tahini ketchup 18
- \*COLONIAL BURGER** - bacon, carmy onions, Vermont cheddar, malt mayo 18
- VEGGIE BURGER** - cheddar, walnut, chipotle ranch, lettuce, overnight tomato, onion 15 
- \*HORSHAM BURGER** - cheddar, overnight tomatoes, lettuce, red onion 16
- \*TAVERN BURGER** - onion jam, yellow cheddar, special sauce 17

## Tacos

- PORK CARNITAS TACOS** - avocado salsa, onions, cilantro 16 
- BUFFALO SHRIMP TACOS** - shredduce, blue cheese pickled onion 15
- CHICKEN AL PASTOR TACOS** - avocado salsa, onion, cilantro 16

## Lunch Entrees

- FISH & CHIPS** - beer battered cod, french fries, tartar, lemon 17
- RIGATONI BOLOGNESE** - beef short rib, sofrito, parmesan 25

## Fast & Fresh Lunch 15

choice of:

1/2 Corned Beef Reuben, 1/2 Tuna Melt,  
1/2 Cauliflower Panini, or a Cheese Burger  
& Soup, or Chopped Salad

Combination of Soup & Salad 13

 VEGETARIAN

 GLUTEN FREE

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

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